

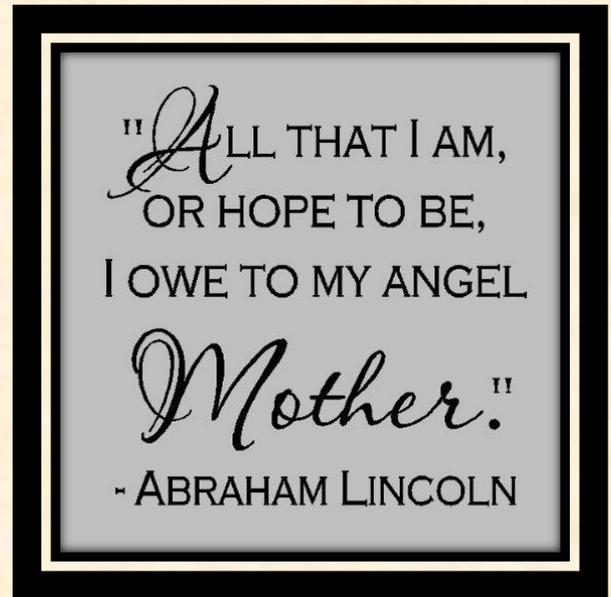


Reflections

From the Chaplain ~ May, 2017

A MOTHER'S LOVE!

When I look at our most wonderful country, and what it is that has made it great, I cannot help but look at various prominent figures. It also makes me wonder what exactly it was that made them the great people they were; to accomplish so much, but also the source of their character. As I look at the amazing George Washington and Abraham Lincoln for example, here are two figures in our history that faced some of the most difficult times anyone could ever imagine, and yet they did so with true and sustained character; like our core values of honor, respect and devotion to duty! If we have any chance of figuring out what made them great, I think it might be a wise start to go to the people themselves and see what they say about it. Interestingly, both of them, and so many other prominent figures actually give credit for who they were and who they had become to their mothers! They realized that it was that continual love, care, faith and moral guidance that built them into the great people they were. Truly, a mother's love is one of the most powerful forces in the universe and that power is then manifested through our children who grow up to be great. Coming up soon on May 14th, we will celebrate this special Sunday, Mother's Day, as a great time to tell our wonderful moms just how special they are to us and how they are the reason we have become the men and women we are. To all of our Mothers and Grandmothers out there, both past and present, may God bless you all for who you are and all that you have sacrificed to make us into the people we are today! Happy Mother's Day!



Food 4 Thought: *"My mother was the most beautiful woman I ever saw. All I am I owe to my mother. I attribute all my success in life to the moral, intellectual and physical education I received from her."* —George Washington

A Second Helping: *"I remember my mother's prayers and they have always followed me. They have clung to me all my life."* —Abraham Lincoln

Back for More: *"Mother love is the fuel that enables a normal human being to do the impossible."* —Marion C. Garretty

Dessert with a Smile: *"Sweater, n.: garment worn by child when its mother is feeling chilly."* —Ambrose Bierce

D13 RESOURCES & OPPORTUNITIES

DISTRICT THIRTEEN Chaplains ... ***Always Ready***  ***Called to Serve***



LCDR Bill Stewart, District Chaplain ~ William.M.Stewart@uscg.mil
Office: (206) 217-6995 Cell: (206) 850-3426

LT Tony Stallings, Sectors Chaplain ~ Anthony.D.Stallings@uscg.mil
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All communication with chaplains is strictly confidential!

Ripples



Would you like a Christian based inspirational writing each month from us chaplains? If so, please sign up for our email distribution at William.M.Stewart@uscg.mil and we'll get you on the list!



safeTALK

Suicide alertness training can be offered by your D13 Chaplains – Get a group of 10 or more together and we'll come to you and teach it ... it's an incredible training to help our fellow Shipmates stay safe! All materials provided free!

Upcoming CREDO Northwest Events These Events are Incredible ... and FREE!

Registration is required for all events!

Call 360-476-3793 or email: CREDO@navy.mil

They fill up fast so register now!

Like them on Facebook.com/CREDO.Northwest for event updates



Marriage Enrichment Retreats: Call for the current schedule and to register!

Marriage Enrichment Workshop: MAY 19-20 @ NB Kitsap Olympic Lodge in Bremerton, WA

Family Enrichment Retreats: 9-11 JUN and 7-9 JUL @ Jim Creek Recreation (NS Everett, WA)

ASIST 2-Day Suicide Intervention Workshops: 9-10 MAY, NAS Whidbey Island; 27-28 JUN, NB Kitsap

safeTALK Suicide Prevention Awareness: safeTALK classes are regularly taught by CREDO at Naval Base Kitsap in Bremerton, Naval Air Station Whidbey Island and Naval Station Everett at the Smokey Point Chapel. Call for dates, more information or to sign up.

Care and Emergency Resources

HSWL (Health, Safety and Work/Life) Seattle – 1-800-872-4957 ext. 313

Coast Guard CG Support – 1-855-CGSUPRT (247-8778) ~ www.CGSUPRT.com

American Red Cross for Military – 1-877-272-7337

EMERGENCY – Please dial 911 immediately if you feel there is a life or death situation!

